

1. through your Canvas course, find MyHours on your DVUSD Start Page, by going to the link below, or use the QR Code at the bottom of this page:

<https://myhours.dvUSD.org/login>

2. with your DVUSD username and password (Student ID)
3. Select the to input student's MyHours (weeks are Sunday through Saturday)



4. to make changes



5. the amount of hours spent per day on each course by selecting the dropdown menu.



- 10 hours per week
- 20 hours per week
- 25 hours per week
- 5 hours per course, per week
- 7 hours per course, per week

6. \_\_\_\_\_ to their Canvas login.

7. If MyHours are not completed, your student's Canvas login will be \_\_\_\_\_ and they will be unable to access their classes. To enable your student's account, call the \_\_\_\_\_ at \_\_\_\_\_ or email us: [Aspire@dvusd.org](mailto:Aspire@dvusd.org). Please include your student's name & ID.

